



Woman's health & midwifery nursing  
department



Faculty of Nursing  
Mansoura University

# **Annual Plan**

## **(Woman's Health & Midwifery Nursing Department)**

### **Academic Year**

### **2024-2025**



## **First part: Education Process**

Courses to be taught by the department:

### **1.Bachelor's degree**

<b>Course</b>	<b>Instructor</b>	<b>Questioning Committee</b>	<b>Correction Committee</b>	<b>Oral</b>	<b>practical</b>
<b>Maternity &amp; gynecology nursing</b>	Prof.Samia Ibrahim Osman Assist prof. Nadia Yousef Ahmed Assist. Prof. Shimaa Fouad Hegazy Dr.Dina Mohamed Ismail	Prof. Prof.Samia Ibrahim Osman Assist prof. Nadia Yousef Ahmed Assist. Prof. Shimaa Fouad Hegazy. Dr. Dina Mohamed Ismail	Prof. Prof.Samia Ibrahim Osman Assist prof. Nadia Yousef Ahmed Assist. Prof. Shimaa Fouad Hegazy. Dr. Dina Mohamed Ismail	Prof. Hanan Elsayed (External). Prof. Prof.Samia Ibrahim Osman Assist prof. Nadia Yousef Ahmed Assist. Prof. Shimaa Fouad Hegazy. Dr. Dina Mohamed Ismail	Prof. Hanan Elsayed (External). Prof. Prof.Samia Ibrahim Osman Assist prof. Nadia Yousef Ahmed Assist. Prof. Shimaa Fouad Hegazy. Dr. Dina Mohamed Ismail
<b>Midwifery Nursing</b>	Prof. Hanan Elsayed Assist. Prof / Om Hashim Mahmoud Dr. Rania Elkurdy	Prof. /HananElsayed Assist. Prof / Om Hashim Mahmoud Dr. Rania Elkurdy	Prof. /HananElsayed Assist. Prof / Om Hashim Mahmoud Dr. Rania Elkurdy	Prof. /HananElsayed Prof.Samia Ibrahim Osman (external). Assist. Prof./ Samia Ibrahim	Prof. /HananElsayed Prof.Samia Ibrahim Osman (external).



	Dr.Enas Sabry	Dr.EnasSabry	Dr.EnasSabry	Assist. Prof / Om Hashim Mahmoud Dr. Rania Elkurdy Dr.EnasSabry	Assist. Prof./ Samia Ibrahim Assist. Prof / Om Hashim Mahmoud Dr. Rania Elkurdy Dr.EnasSabry
<b>Strategy of nursing education &amp; health education</b>	Assist. Prof. Eman Ahmed Fadel Assist prof. Ahlam Gouda Dr. NehmedoEzzat Osman	Prof. Hanan Elsayed (External). Assist. Prof. Eman Ahmed Fadel Assist prof. Ahlam Gouda Dr. NehmedoEzzat Osman	Prof. Hanan Elsayed (External). Assist. Prof. Eman Ahmed Fadel Assist prof. Ahlam Gouda Dr. NehmedoEzzat Osman	Prof. Hanan Elsayed (External). Prof.Samia Ibrahim Osman (external Assist. Prof. Eman Ahmed Fadel Assist prof. Ahlam Gouda Dr. NehmedoEzzat Osman Dr.Marwa Rashad Mahmoud..	.....
<b>Alternative Medicine in Nursing Practices</b>	Assist.Prof. Amal Yousef Ahmed Assist prof. Marwa Ibrahim Hamdy. Dr. Heba Zedan	Prof. Hanan Elsayed (External). Assist.Prof. Amal Yousef Ahmed Assist prof. Marwa Ibrahim Hamdy. Dr. Heba Zedan	Prof. Hanan Elsayed (External). Assist.Prof. Amal Yousef Ahmed Assist prof. Marwa Ibrahim Hamdy. Dr. Heba Zedan	Prof. Hanan Elsayed (External). Prof.Samia Ibrahim Osman (external) Assist.Prof. Amal Yousef Ahmed Assist prof. Marwa Ibrahim Hamdy. Dr. Heba Zedan	.....



## 2. Bachelor Program in Specialized Nursing Science

Course	Instructor	Questioning Committee	Correction Committee
<b>Obstetrics &amp; Midwifery Nursing (Theoretical)</b>	Prof. Samia Ibrahim Osman Assist. Prof. Amal Yousef Ahmed Dr. Shima Foad Hegazy	Prof. Hanan El Sayed (External) Prof. Samia Ibrahim Osman Assist. Prof. Amal Yousef Ahmed Assist. Prof. Shima Foad Hegazy	Prof. Hanan El Sayed (External) Prof. Samia Ibrahim Osman Assist. Prof. Amal Yousef Ahmed Assist. Prof. Shima Foad Hegazy
<b>Obstetrics &amp; Midwifery Nursing (Practical)</b>	Prof. Hanan El Sayed Dr. Heba Zedan Dr. Enas Sabry	Prof. Hanan El Sayed Assist. Prof. Ahlam Gouda (External) Dr. Enas Sabry Dr. Heba Zedan	Prof. Hanan El Sayed Assist. Prof. Ahlam Gouda (External) Dr. Enas Sabry Dr. Heba Zedan

## 3. Master Degree (Credit Hours)

### ➤ Third semester 2024-2025

Course	Instructor	Credit Hours	Course Code
<b>Intrapartum care</b>	Prof. Hanan El Sayed Prof. Samia Ibrahim Assist. Prof. Amal Yousef Ahmed	3	MW205
<b>Postpartum care</b>	Prof. Hanan El Sayed Prof. Samia Ibrahim Assist. Prof. Eman Ahmed Fadel	3	MW206
<b>Intrapartum care and postpartum care (clinical)</b>	Prof. Hanan El Sayed Dr. Enas Sabry	4	MW207



	Assist. Prof. Rania Elkurdy		
<b>Seminars in reproductive health</b>	Prof. Hanan El Sayed Prof. Samia Ibrahim Assist. Prof. Ahlam Gouda	3	MW208
<b>Embryology and genetics</b>	Prof. Esam Almnsy	1	MW209

#### **4. Doctoral Degree (PhD)**

##### **➤ First semester 2024-2025**

<b>Course</b>	<b>Instructor</b>	<b>Credit Hours</b>	<b>Course Code</b>
<b>New Trend in Nursing</b>	Prof. Hanan El Sayed Prof. Samia Ibrahim Assist prof. Nadia Yousef Ahmed	2	DW1302
<b>Woman Health</b>	Prof. Hanan El Sayed Prof. Samia Ibrahim Assist prof. Marwa Ibrahim Hamdy.	2	DW1305
<b>Reproductive Counseling</b>	Prof. Hanan El Sayed Prof. Samia Ibrahim Assist. Prof Shimaa Fouad Hegazy	2	DW1306
<b>Gynecological Oncology</b>	Prof. Hanan El Sayed Prof. Samia Ibrahim Assist. Prof / Om Hashim Mahmoud	1	DW1314

#### **Second part: Scientific research**



## Registration for master and PhD degrees

Student's Name	Thesis Title	Thesis Type (Master/ Doctorate)	Supervisors
<b>Reham Raffat Mohamed</b>	"Impact Of Nurse-Led Consultation on the Outcomes of Cervical Preinvasive Lesions Treatment"	<b>Doctorate</b>	Prof./Hanan Elsayed Mohamed Prof./Amina Elnemer Prof./Reda Abdelhady Prof./Ahlam Gouda
<b>Fawzia Ibn Salam Ibrahim Muhammad</b>	Awareness of Polycystic Ovarian Syndrome among Mansoura University Students"	<b>(Master)</b>	<b>Prof./HananElsayed Mohamed</b> <b>Prof./ Amina Mohamed Elnemer</b> <b>Assist. Prof . Shima</b> <b>Fouad Hegazy</b>
<b>Noura Monir Elsaka</b>	Maternity nurses' knowledge,Attitudes,and Practices Regarding Perinatal Bereavement Care	<b>(Master)</b>	<b>Prof./HananElsayed Mohamed</b> <b>Prof. Dr. Samia Ibrahim Othman</b>
<b>Najwa Ibrahim Mohamed</b>	Knowledge, Opinions and Expectations of the Women about the Midwifery Profession	<b>(Master)</b>	<b>Prof.Dr. Samia Ibrahim Othman</b> <b>Prof./ Amina Mohamed Elnemer</b> <b>Dr. Enas Sabry</b>
<b>Manar Ali Abdel-Wajed Al-Maayta</b>	Effect of Educational Package on Oncology Nurses' Knowledge and Attitude toward Fertility Preservation	<b>Doctorate</b>	<b>Prof./HananElsayed Mohamed</b> <b>Dr. Enas Sabry</b>
<b>Eman Kamal Al-Sibai Muhammad</b>	Effect of Educational Package on Self-Care Behaviors and Quality of Life Women with Gestational Diabetes	<b>Doctorate</b>	<b>Prof./HananElsayed Mohamed</b> <b>Assist prof. Eman Ahmed Fadel</b>
<b>Noura Gomaa fawzy</b>	The Effectiveness of Implementing Cesarean Section Enhanced Recovery Protocol on Maternal and Fetal Outcomes	<b>Doctorate</b>	Prof./HananElsayed Mohamed <b>Dr. Enas Sabry</b>



<b>Amany Samy Elsayed</b>	Effect of Applying the Bundle of Nursing Care on Post Mastectomy Complications	<b>Doctorate</b>	<b>Prof.Dr.</b> Samia Ibrahim Othman <b>Assist prof.</b> Omhashim Mahmoud Saddon
<b>Hawazen Muhammad Ahmed Al- Harqi</b>	Effectiveness of Cardiotocography Training Sessions on Maternity Nurses' Performance	<b>Doctorate</b>	<b>Prof./</b> HananElsayed Mohamed <b>Assist prof.</b> Eman Ahmed Fadel
<b>Nourhan Magdy Nasr El-Din Abdel Moneim</b>	Effect of Oketani Massage on Successful Breastfeeding	<b>Doctorate</b>	<b>Prof. Dr.</b> Samia Ibrahim Othman <b>Prof./</b> Amina Mohamed Elnemer

**Third part: Community service plan for the academic year 2024-2025**



<b>Seminar name</b>	<b>Target Group</b>	<b>Excution Place</b>	<b>Excution Date</b>	<b>Seminar official</b>
<b>Domestic violence against pregnant women.</b>	Pregnant women	antenatal Outpatient clinics- New Obstetrics and Gynecology Hospital	November 2024	Prof.Dr.Samia Ibrahim Othman AssistProf.Dr.om Hashem Mahmoud Sadoun
<b>Correct physical positions during pregnancy</b>	Pregnant women	antenatal Outpatient Clinics - New Obstetrics and Gynecology Hospital	February 2025	Prof. Hanan Al-Sayed D. Enas Sabry Fathi D. Dina Muhammad AbuAl-Khair
<b>How to overcome sleep disorders during pregnancy</b>	Pregnant women	antenatal Outpatient Clinics - New Obstetrics and Gynecology Hospital	March 2025	Assist Prof. Amal Youssef Assist Prof. Marwa Ibrahim Dr. HebaZidan
<b>Women's False Reproductive Beliefs</b>	Women	Gynecological Outpatient Clinics - New Obstetrics and Gynecology Hospital	April 2025	Assist. Prof./ Eman Fadel Assist. Prof./ Rania Al-Kurdi Assist. Prof./ Shaima Fouad
<b>Preventing cervical cancer and the importance of vaccination against the papilloma virus</b>	Women	Gynecological Outpatient clinics - New Women's Obstetrics and Gynecology Hospital	June 2025	Assist. Prof. Ahlam Gouda Assist. Prof. Nadia Youssef Assist. Prof. Nehmedo Ezzat

#### **Fourth part: Distribution of Quality Committees in The Department**





Committee	Staff members
<b>Student Educational Effectiveness Committee</b>	<b>Assist Prof.</b> Nadia Yousif Ahmed (The head of the committee) <b>Assist prof.</b> Ahlam Gouda <b>Assist prof.</b> Omhashim Mahmoud Saddon <b>Assist prof.</b> Marwa Ibrahim Hamdy <b>Assist. Prof.</b> NehmedoEzzat <b>Dr.</b> EnasSabry <b>Dr.</b> HebaZedan <b>Dr.</b> Dina Mohamed Ismail
<b>Postgraduate Studies Committee</b>	<b>Assist prof.</b> AmalYousif Ahmed (The head of the committee) <b>Assist prof.</b> Eman Ahmed Fadel <b>Assist prof.</b> Rania Elkurdy <b>Assist prof</b> Shaimaa Fouad <b>Assist. Prof.</b> NehmedoEzzat <b>Dr.</b> EnasSabry <b>Dr.</b> HebaZedan <b>Dr.</b> Dina Mohamed Ismail <b>Dr.</b> Marwa Rashad
<b>Examination paper analysis committee</b>	<b>Prof.</b> Samia Ibrahim Osman (The head of the committee). <b>Assist prof.</b> AmalYousif Ahmed <b>Assist prof.</b> Eman Ahmed Fadel <b>Assist prof.</b> Ahlam Gouda <b>Assist prof.</b> Omhashim Mahmoud Saddon <b>Assist Prof.</b> Nadia Yousif Ahmed <b>Assist prof.</b> Marwa Ibrahim Hamdy <b>Assist prof.</b> Rania Elkurdy <b>Assist prof</b> Shaimaa Fouad
<b>Course portfolio Committee</b>	<b>Assistant lecturer.</b> NouraGomaa(The head of the committee). <b>Assistant lecturer.</b> Eman Hassan Elshrqawy <b>Assistant lecturer.</b> Abeer Salah <b>Assistant lecturer.</b> AhlamAllam <b>Assistant lecturer.</b> AmanySamy <b>Assistant lecturer.</b> AmalTallat <b>Assistant lecturer.</b> Eman Mohamed AbdElhamid. <b>Demonstrator.</b> AzharAbdelnaser. <b>Demonstrator.</b> Naghm Adel <b>Demonstrator.</b> AbrarRaafat <b>Demonstrator.</b> MayadaSobhy



	<p><b>Demonstrator.</b> Nadia Ramadan</p> <p><b>Demonstrator.</b> NouraMonir</p> <p><b>Demonstrator.</b> Al shymaa Mostafa</p> <p><b>Demonstrator.</b>NeiraNezar</p> <p><b>Demonstrator.</b>BasmaShaaban</p> <p><b>Demonstrator.</b>Dina Ahmed Abdelkader</p> <p><b>Demonstrator.</b> Sohir Rabea Ibrahim</p>
<b>Management standard</b>	<p><b>Assist prof.</b> Nadia Yousif Ahmed (The head of the standard).</p> <p><b>Assist prof.</b> Om Hashim Mahmoud</p> <p>Assist. Prof.Shaimaa Fouad</p> <p><b>Dr.</b> HebaZedan</p> <p><b>Dr.</b>.Dina Mohamed Ismail</p> <p><b>Assistant lecturer.</b>Eman Hassan</p> <p><b>Assistant lecturer.</b>AhlamAllam</p> <p><b>Demonstrator.</b>NouraGomaa</p> <p><b>Demonstrator.</b>Naghm Adel</p> <p><b>Demonstrator.</b> AbrarRaafat</p> <p><b>Demonstrator.</b> Nadia Ramadan</p> <p><b>Demonstrator.</b>NouraMonir</p> <p><b>Demonstrator.</b>Neira Nizar</p> <p><b>Demonstrator.</b> Sohir Rabea Ibrahim</p>
<b>community service standard</b>	<p><b>Assist prof.</b> Ahlam Gouda (The head of the standard).</p> <p><b>Assist prof.</b> Marwa Ibrahim Hamdy</p> <p><b>Assist prof.</b> Rania Elkurdy</p> <p>Assist. Prof NehmedoEzzat</p> <p><b>Dr.</b>EnasSabry</p> <p><b>Assistant lecturer.</b>Amany Sami</p> <p><b>Assistant lecturer.</b>Amal Mohamed</p> <p><b>Assistant lecturer.</b>Eman Mohamed AbdElhamid.</p> <p><b>Demonstrator.</b>AzharAbdelnaser</p> <p><b>Demonstrator.</b>MayadaSobhy</p> <p><b>Demonstrator.</b>Al shymaa Mostafa</p> <p><b>Demonstrator.</b>BasmaShaaban</p> <p><b>Demonstrator.</b>Dina Ahmed Abdelkader</p>



### **Fifth part: Annual Staff Scientific Development Plan**

<b>Activities (Training courses/ workshops/ Seminars)</b>	<b>Activity executors</b>	<b>Activity attendance</b>	<b>Activity Date/ Place</b>
Seeking Funding Opportunities and Grant Application	Member from university international relation office	Academic Staff	Faculty Of Nursing/ December 2024
New Trends in Teaching Method (Workshop)	Assist. Prof.Dr.Nehmedo Ezzat	Academic Staff	Faculty Of Nursing/ March 2025
NOEL training	Prof.Dr.Samia Ibrahim Dr.Amal Mohamed	Academic Staff	Faculty Of Nursing/ April 2025



## Sixth part: Department activities

1: Education	Courses			
	Bachelor degree	Special programs	Master Degree	Doctoral degree
<b>A) Teaching within the department</b>	1. Maternity & gynecology nursing. 2. Midwifery Nursing 3. Strategy of nursing education & health education 4. Alternative Medicine in Nursing Practices	<b>Accelerated Nursing Program:</b> Maternal & Neonatal Nursing care (Theoretical) Gynecology & Midwifery Nursing (Practical). Alternative Medicine in Nursing Practices. Obstetrics & Gynecology Medicine <b>Bachelor program in specialized nursing science</b> 1. Obstetrics & Midwifery Nursing (Theoretical)	1. Ante partum care 2. Obstetrics & gynecology of medicine 3. Pharmacology in Obstetrics & gynecology 4. Advanced health assessment 5. Infertility & assisted reproductive technology. 6. Intra partum care 7. Postpartum care 8. Seminars in reproductive health 9. Embryology & Genetics 10. Intrapartum care and postpartum care (clinical)	1. New trends in nursing 2. Woman health 3. Reproductive counseling 4. Evidence based practice 5. Advanced midwifery (Practical) 6. Advanced Maternity (Theoretical). 7. Seminars in maternity nursing 8. Gynecological oncology 9. Emergency & critical maternity care. 10. Nursing informatics. 11. Psychological aspect of woman health. 12. Seminars in obstetrics & Gynecology



		2. Obstetrics & Midwifery Nursing (Practical).		
<b>B) Teaching outside the department</b>	<ol style="list-style-type: none"> <li>1. Gynecology and Obstetrics Nursing at the Mansoura Nursing Technical Institute.</li> <li>2. Maternal and neonatal health nursing theory at the Mansoura Nursing Technical Institute.</li> <li>3. Obstetrics &amp; Gynecology Medicine at The Technical institute of Nursing in Sherbein.</li> <li>4. Obstetrics &amp; Gynecology Nursing at The Technical institute of Nursing in Sherbein.</li> </ol>			
<b>2: The scientific activities that the department will participate in:-</b>				
<b>A) conferences and seminars</b>	<ol style="list-style-type: none"> <li>1. Participation in conferences and seminars that will be held at the faculty of Nursing.</li> <li>2. Participation in external conferences that will be held in Egyptian universities (Alexandria University, etc.....).</li> <li>3. Participation in international conferences.</li> </ol>			
<b>B) Workshops and training courses</b>	Participation in all scientific activities (Workshops and training courses) that will be held inside and outside the university.			
<b>C) Research activities</b>	<p><b>Implementation of the department's research plan as follows:</b></p> <ul style="list-style-type: none"> <li>▪ Improving women's health at different stages of life, reducing the rate of maternal mortality, combating infectious diseases, and ensuring the quality of healthcare provided to mothers.</li> <li>▪ Combating violence against women in its various forms and promoting equality and non-discrimination between genders.</li> <li>▪ Understanding the impact of climate change on reproductive health among females and enhancing the ability to face and adapt to the risks of climate change.</li> <li>▪ Creating and developing curricula, programs, and teaching methods in the field of women's health and obstetric nursing.</li> <li>▪ Enhancing the use of information and communication technology to promote</li> </ul>			



	<p>women's health.</p> <ul style="list-style-type: none"> <li>▪ Using complementary and alternative therapy practices to enhance women's health.</li> </ul> <p>Utilizing evidence-based practices related to women's health and obstetric nursing.</p>
<p><b>3.Participation in the examination work</b></p>	<p>Bachelor degree courses ( 4 ) , specialized courses for master degree ( 10)specialized courses for doctorate degree (12), Accelerated nursing program courses (4), and Bachelor program in specialized nursing science (2) .</p>
<p><b>4.Community service and environmental development activities</b></p>	<ol style="list-style-type: none"> <li>1. Community activities to educate school students.</li> <li>2. <u>Community activities for university students.</u> <ul style="list-style-type: none"> <li>- Participation in medical convoys at the university level.</li> <li>- Participation in health awareness and guidance for university students.</li> <li>- Participation in the university's environmental week.</li> </ul> </li> <li>3.<u>Community activities to educate college and graduate students about:</u> <ul style="list-style-type: none"> <li>- How to write research article.</li> </ul> </li> <li>4. <u>Community activities for women</u> <ul style="list-style-type: none"> <li>-Participation ininternational women’s days.</li> </ul> </li> <li>5. <u>Community activities to educate mothers about:</u> <ul style="list-style-type: none"> <li>▪ Domestic violence against pregnant women <ul style="list-style-type: none"> <li>▪ Correct physical positions during pregnancy</li> <li>▪ How to overcome sleep disorders during pregnancy</li> <li>▪ Women’s False Reproductive Beliefs</li> </ul> </li> </ul> </li> </ol> <p>Preventing cervical cancer and the importance of vaccination against the papilloma virus</p>
<p><b>5. Developing the performance of faculty members and their assistants in the department</b></p>	<ol style="list-style-type: none"> <li>1.Participation in developing the capabilities of faculty members and their assistants.</li> <li>2. Holding a weekly scientific meeting in the department to discuss scientific developments in maternity nursing, gynecology and scientific research, <b>such as:</b> <ul style="list-style-type: none"> <li>▪ New trends in education</li> <li>▪ New trends in Practice</li> <li>▪ How to write abstract</li> <li>▪ How to write Reference (APA style)?</li> <li>▪ Research critique.</li> </ul> </li> <li>3.Implementation of new teaching and assessment methods.</li> <li>4. Preparing training courses to develop practical skills.</li> <li>5. Urging the faculty members to attend the courses and workshops of the e-learning unit.</li> <li>6. Participation in quality activities within the department and the faculty.</li> </ol>



<b>6.Student Activities</b>	<p><b>a) Educational activities</b></p> <ul style="list-style-type: none"><li>▪ Make macket for labor unit.</li><li>▪ Make macket for breast self-examination.</li><li>▪ Make macket for breast cancer.</li><li>▪ Make educational video for Hoffman exercise for inverted nipple.</li><li>▪ Make educational video for cervical cancer and HPV infection &amp;vaccine.</li><li>▪ Make educational video for immunizations during pregnancy.</li><li>▪ Make educational video for pelvic floor exercise.</li><li>▪ Make macket for immunization during pregnancy.</li><li>▪ Make macket for birth position.</li><li>▪ Make 3D model for placenta previa.</li><li>▪ Make educational video management of diabetes mellitus.</li><li>▪ Make macket for hydrobirth.</li><li>▪ Mack flipchart about maternal positions during labor.</li><li>▪ Mack flipchart about ectopic pregnancy.</li><li>▪ Mack flipchart about non-pharmacological labor pain management.</li><li>▪ Mack flipchart about polycystic ovarian syndrome.</li><li>▪ Make 3D model for TENS to relive labor pain.</li><li>▪ Make macket for types of abortion.</li><li>▪ Make macket for uterine prolapse.</li><li>▪ Make educational video about physical and psychological violence against women.</li><li>▪ Make macket for Hoffman exercises.</li><li>▪ Make macket for positions of breast feeding.</li><li>▪ Make a brochures and booklet about family planning methods.</li></ul> <p><b>b) Recreational activities</b></p> <p>Participation with students in university trips.</p>
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**Quality Coordinator**

**Head of the department**

**Assist. Prof. Nehmedo Ezzat**

**Prof. Hanan El Sayed Mohamed**

**Dr. Dina Mohamed**