

Woman's health & midwifery nursing department



Annual Plan (Woman's Health & Midwifery Nursing Department)

Academic Year 2025-2026





First part: Education Process

Courses to be taught by the department:

1.Bachelor's degree

Course	Instructor	Questioning	Correction	Oral	practical
		Committee	Committee		
Maternity &	Prof. Dr. Hanan El-	Prof. Dr. Hanan El-	Prof. Dr. Hanan El-	Prof. Dr. Hanan El-Sayed	Prof. Dr. Hanan El-Sayed
gynecology	Sayed Mohamed	Sayed Mohamed	Sayed Mohamed	Mohamed	Mohamed
nursing	Assistant Professor Dr.	Prof. Dr.Samia Ibrahim	Prof. Dr.Samia	Prof. Dr.Samia Ibrahim	Prof. Dr.Samia Ibrahim
	Amal Youssef Ahmed	Osman(External).	Ibrahim	Osman(External).	Osman(External).
	(Coordinator)	Assistant Professor Dr.	Osman(External).	Assistant Professor Dr.	Assistant Professor Dr.
	Dr. Enas Sabry Fathy	Amal Youssef Ahmed	Assistant Professor	Amal Youssef Ahmed	Amal Youssef Ahmed
	Dr. Marwa Rashad	(Coordinator)	Dr. Amal Youssef	(Coordinator)	(Coordinator)
		Dr. Enas Sabry Fathy	Ahmed (Coordinator)	Dr. Enas Sabry Fathy	Dr. Enas Sabry Fathy
		Dr. Marwa Rashad	Dr. Enas Sabry Fathy	Dr. Marwa Rashad	Dr. Marwa Rashad
			Dr. Marwa Rashad		
Midwifery	Prof. Dr. Samia	Prof. Dr. Hanan El-	Prof. Dr. Hanan El-	Prof. Dr. Hanan El-Sayed	Prof. Dr. Hanan El-Sayed
Nursing	Ibrahim Othman	Sayed	Sayed	Mohamed(external).	Mohamed(external).
	Assistant Professor Dr.	Mohamed(external).	Mohamed(external).	Prof. Dr. Samia Ibrahim	Prof. Dr. Samia Ibrahim
	Marwa Ibrahim	Prof. Dr. Samia Ibrahim	Prof. Dr. Samia	Othman	Othman





	Hamdy	Othman	Ibrahim Othman	Assistant Professor Dr.	Assistant Professor Dr.
	(Coordinator)	Assistant Professor Dr.	Assistant Professor	Marwa Ibrahim Hamdy	Marwa Ibrahim Hamdy
	Assistant Professor Dr.	Marwa Ibrahim Hamdy	Dr. Marwa Ibrahim	(Coordinator)	(Coordinator)
	Nadia Youssef	(Coordinator)	Hamdy	Assistant Professor Dr.	Assistant Professor Dr.
	Abdella	Assistant Professor Dr.	(Coordinator)	Nadia Youssef Abdella	Nadia Youssef Abdella
	Dr. Dina Mohamed	Nadia Youssef Abdella	Assistant Professor	Dr. Dina Mohamed Ismail	Dr. Dina Mohamed
	Ismail	Dr. Dina Mohamed	Dr. Nadia Youssef		Ismail
		Ismail	Abdella		
			Dr. Dina Mohamed		
			Ismail		
Strategy of	Prof. Dr. Hanan Al-	Prof. Dr. Hanan El-	Prof. Dr. Hanan El-	Prof. Dr. Hanan El-Sayed	•••••
nursing	Sayed Muhammad	Sayed Mohamed	Sayed Mohamed	Mohamed	
education &	Assistant Professor Dr.	Assistant Professor Dr.	Assistant Professor	Assistant Professor Dr.	
health	Om Hashem	Iman Ahmed Fadel	Dr. Iman Ahmed	Iman Ahmed Fadel	
education	Mahmoud Saadoun	(External)	Fadel (External)	(External)	
	(Coordinator)	Assistant Professor Dr.	Assistant Professor	Assistant Professor Dr. om	
	Assistant Professor Dr.	om Hashem Mahmoud	Dr. om Hashem	Hashem Mahmoud Saadoun	
	Nehmedo Ezzat	Saadoun	Mahmoud Saadoun	Assistant Professor Dr.	
	Othman	Assistant Professor Dr.	Assistant Professor	Nehmedo Ezzat Othman	
	Dr. Heba Abdel	Nehmedo Ezzat Othman	Dr. Nehmedo Ezzat	Dr. Heba Abdel Rahim	
	Rahim Zidane	Dr. Heba Abdel Rahim	Othman	Zidane	
		Zidane	Dr. Heba Abdel		
			Rahim Zidane		
Alternative	Prof. Dr. Hanan El-	Prof. Dr. Hanan El-	Prof. Dr. Hanan El-	Prof. Dr. Hanan El-Sayed	
Medicine in	Sayed Mohamed	Sayed Mohamed	Sayed Mohamed	Mohamed	





Nursing	Prof. Dr. Samia	Prof. Dr. Samia Ibrahim	Prof. Dr. Samia	Prof. Dr. Samia Ibrahim
Practices	Ibrahim Othman	Othman	Ibrahim Othman	Othman
	Assistant Professor Dr.	Assistant Professor Dr.	Assistant Professor	Assistant Professor Dr.
	Iman Ahmed Fadel	Amal Youssef Ahmed	Dr. Amal Youssef	Amal Youssef Ahmed
	(Coordinator)	(External)	Ahmed (External)	(External)
	Assistant Professor Dr.	Assistant Professor Dr.	Assistant Professor	Assistant Professor Dr.
	Ahlam Mohamed	Iman Ahmed Fadel	Dr. Iman Ahmed	Iman Ahmed Fadel
	Gouda	Assistant Professor Dr.	Fadel	Assistant Professor Dr.
		Ahlam Mohamed	Assistant Professor	Ahlam Mohamed Gouda
		Gouda	Dr. Ahlam Mohamed	
			Gouda	





2.Bachelor Program in Specialized Nursing Science

Course	Instructor	Questioning Committee	Correction Committee
	Prof. Dr. Samia Ibrahim Othman	Prof. Dr. Hanan El-Sayed	Prof. Dr. Hanan El-Sayed
Obstetrics & Midwifery Assist.Prof. Nadia Youssef Abdalla		Mohamed(external)	Mohamed(external)
Nursing	Assist.Prof. Dr. Nehmedo Ezzat	Prof. Dr. Samia Ibrahim Othman	Prof. Dr. Samia Ibrahim
(Theoretical)	Othman	Assist.Prof. Nadia Youssef Abdalla Assist.Prof. Dr. Nehmedo Ezzat	Othman Assist.Prof. Nadia Youssef Abdalla
		Othman	Assist.Prof. Dr. Nehmedo
			Ezzat Othman
Obstetrics & Midwifery	Prof. Dr. Hanan El-Sayed Mohamed	Prof. Dr. Hanan El-Sayed	Prof. Dr. Hanan El-Sayed
Nursing	Assistant Professor Dr. om Hashem	Mohamed	Mohamed
(Practical)	Mahmoud Saadoun	Prof. Dr. Samia Ibrahim Othman (external) Assistant Professor Dr. om Hashem Mahmoud Saadoun	Prof. Dr. Samia Ibrahim Othman (external) Assistant Professor Dr. om Hashem Mahmoud Saadoun

3. Master Degree (Credit Hours)

➤ Third semester 2024-2025

Course	Instructor	Credit Hours	Course Code
Intrapartum care	Prof. Dr. Hanan El-Sayed Mohamed Assistant Professor Dr. Marwa Ibrahim	3	MW205
	Hamdy		
	Dr. Enas Sabry Fathy		
Postpartum care	Prof. Dr. Hanan El-Sayed Mohamed	3	MW206
	Prof. Dr. Samia Ibrahim Othman		
	Dr. Heba Abdel Rahim Zidane		
Intrapartum care and	Prof. Dr. Hanan El Sayed Mohamed	4	MW207
postpartum care (clinical)	Dr. Marwa Rashad Mahmoud		
	Ismail		





Seminars in reproductive	Prof. Dr. Samia Ibrahim Othman	3	MW208
health	Assistant Professor Dr. Nadia Youssef		
	Abdella		
	Assistant Professor Dr. Nehmedo Ezzat		
	Othman		
Embryology and genetics	Prof. Dr/Mahmoud Awad	1	MW209

4. Doctoral Degree (PhD)

> First semester2024-2025

Course	Instructor	Credit Hours	Course Code
	Prof. Dr. Hanan El-Sayed Muhammad	2	DW1302
New Trend in Nursing	Prof. Dr. Samia Ibrahim Othman		
	Assistant Professor Dr. Om Hashem Mahmoud		
	Saadoun		
	Prof. Dr. Hanan El-Sayed Mohamed	2	DW1305
Woman Health	Prof. Dr. Samia Ibrahim Othman		
	Assistant Professor Dr. Ahlam Mohamed Gouda		
	Prof. Dr. Hanan El-Sayed Muhammad	2	DW1306
Reproductive Counseling	Prof. Dr. Samia Ibrahim Othman		
	Prof. Eman Ahmed Fadel		
	Prof. Dr. Hanan El-Sayed Mohamed	1	DW1314
Gynecological Oncology	Prof. Dr. Samia Ibrahim Othman		
	Assistant Professor Dr. Amal Youssef Ahmed		





Second part: Scientific research

Registration for master and PhD degrees

Student's Name	Thesis Title	Thesis Type (Master/ Doctorate)	Supervisors	Registration Date
Ashwaq bent- Ayed bn Mohamed Al- Asemi.	"Effect of Educational Package on Knowledge, Attitude and Practices of Saudian Women toward Family Planning Methods Usage"	Doctorate	Prof/Hanan Elsayed Mohamed	August, 2025
Eman Ashraf Fathy	Prevalence and Associated Factors of Postpartum Blues	Master	Prof/Samia ebrahim osmaan Dr/ Heba Abdelrahem Zedan	September, 2025
Amal Saeed Khaieb El-khamdy Samah Shaban Ali Ibrahim.	Effect of Active and Passive Smoking During Pregnancy on Birth Outcomes Effect of the Laid-back Position on Preventing Nipple Problems and Promoting Comfort among Pregnant Women	Master Doctorate	Prof/Hanan Elsayed Mohamed Prof/Samia ebrahim osmaan Prof/Samia ebrahim osmaan Assist.prof.Ahlam Mohamed Goda	September, 2025 September, 2025





Third part: Community service plan for the academic year 2024-2025

Seminar Title	Objectives	Implementation Methods	Execution Responsibility	Target Audience	Place	Timeline	Success Indicators
Medication Safety during Pregnancy and Lactation	-Raise awareness and enhance pregnant women's knowledge about safe medication use during pregnancy and lactationReduce potential risks for mothers and babies.	- Discussion of real case studies and the latest guidelines on medication safety - Providing educational materials such as brochures and infographics.	Assist. Prof. Ahlam Gouda Dr/Enas Sabry Dr /Marwa Rashad	Pregnant women	Antenatal Clinics at the New Obstetrics and Gynecology Hospital	November 2025	-Improved participants' knowledge after the seminar Participants' satisfaction with content and quality Application of proper medication safety practices by participants.
Safe and Unsafe Sleeping Positions during Pregnancy	-Educate pregnant women about safe and unsafe sleeping positions Reduce risks such as fetal hypoxia, back pain, and pregnancy complications.	-Interactive workshops/seminars explaining relevant anatomy and functions. Use of visual aids (videos, illustrations). Distribution of printed/digital materialsEncouraging healthcare providers to advise during routine visits.	Assist. Prof. Dr. Om Hashem Mahmoud	Pregnant women	Antenatal Clinics at the New Obstetrics and Gynecology Hospital	January 2026	Increased number of women identifying safe sleeping positions. Participants' satisfaction with content and quality. Increased adherence to recommended sleeping positions. Reduction in pregnancy complications related to sleep.





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Problem-Based Learning: An Evidence-Based Approach for Midwifery Teaching	-Introduce Problem-Based Learning (PBL) and its relevance to midwifery educationDevelop students'problem- solving skills using scientific evidence and modern methodologies Enable application of PBL to improve teaching quality Promote critical thinking and teamwork through real scenarios.	- Interactive lectures with practical examples in midwifery. Hands-on workshops analyzing real clinical cases in groups. Supportive materials (articles, case studies, guidelines). Open discussions, self-and peerevaluation. Educational simulations reflecting real midwifery settings.	Assist .Prof.Dr/Nadia Youssef	Academic Staff of the Scientific Department	Faculty of Nursing, Mansoura University	March 2026	High level of engagement in workshops/discussions Improved problem-solving and analytical skills. Satisfaction with content and teaching methods Ability to design and implement PBL-based units Noted improvement in student learning outcomes post-implementation.
Natural Childbirth and Its Positive Impact on the Health of Mother and Baby		- Scientific lectures on natural childbirth physiology and benefits. Presentation of current research supporting natural childbirth. Interactive workshops analyzing clinical cases and strategies. Awareness sessions on psychological/physical support during labor Use of videos and educational tools to demonstrate childbirth stages.	Dr. Heba Zedan	Pregnant women	Antenatal Clinics at the New Obstetrics and Gynecology Hospital	May 2026	- More participants can explain natural childbirth benefits and provide support. Improved knowledge and practical childbirth management skills. Satisfaction with content and delivery methods. Reduced unnecessary cesarean sections in participants' workplaces. Implementation of supportive practices during childbirth by participants.





Fourth part: Distribution of Quality Committees in The Department

Committee	Staff members
Student Educational Effectiveness	Assist. Prof. Dr. Amal Youssef (The head of the committee)
Committee	Assist. Prof. Dr. Om Hashem Mahmoud Saadoun
	Assist. Prof. Dr. Nadia Youssef
	Dr. Enas Sabry Fathy
	Dr. Marwa Rashad Mahmoud
	Dr. Dina Mohamed Ismail
Postgraduate Studies Committee	Assist Prof. Dr. Iman Fadel (The head of the committee)
	Assist Prof. Dr. Ahlam Mohamed Gouda
	Assist Prof. Dr. Marwa Ibrahim Hamdy
	Assist Prof. Dr. Nehmedo Ezzat Othman
	Dr. Heba Abdel Rahim Zidan
Examination paper analysis committee	Prof. Dr. Samia Ibrahim Othman (The head of the committee)
	Assist Prof. Dr. Amal Youssef Ahmed
	Assist Prof. Dr. Iman Ahmed Fadel
	Assist Prof. Dr. Ahlam Mohamed Gouda
	Assist Prof. Dr. Om Hashem Mahmoud Saadoun
	Assist Prof. Dr. Nadia Youssef Abdella
	Assist Prof. Dr. Marwa Ibrahim Hamdy
	Assist Prof. Dr. Nehmedo Ezzat Othman
Course portfolio Committee	Dr. Dina Mohamed Ismail (The head of the committee).
	Assistant lecturer.Eman Hassan Elshrqawy
	Assistant lecturer. Abeer Salah
	Assistant lecturer. AhlamAllam
	Assistant lecturer. AmanySamy
	Assistant lecturer. AmalTallat
	Assistant lecturer. NouraGomaa
	Assistant lecturer. Eman Mohamed AbdElhamid.
	Demonstrator. AzharAbdelnaser.
	Demonstrator. Naghm Adel
	Demonstrator. AbrarRaafat
	Demonstrator.MayadaSobhy
	Demonstrator. Nadia Ramadan
	Demonstrator. NouraMonir





	Demonstrator. Al shymaa Mostafa
	Demonstrator.NeiraNezar
	Demonstrator.BasmaShaaban
	Demonstrator.Dina Ahmed Abdelkader
	Demonstrator. Sohir Rabea Ibrahim
	Demonstrator. Iman Ibrahim Ali
	Demonstrator. Warda Akram Ali Abada
Management standard	Assist prof. Nadia Yousif Ahmed (The head of the standard).
	Assist prof. Om Hashim Mahmoud
	Dr. HebaZedan
	Assistant lecturer.Eman Hassan
	Assistant lecturer.AhlamAllam
	Demonstrator.NouraGomaa
	Demonstrator.Naghm Adel
	Demonstrator. AbrarRaafat
	Demonstrator. Nadia Ramadan
	Demonstrator.NouraMonir
	Demonstrator.Neira Nizar
	Demonstrator. Sohir Rabea Ibrahim
	Demonstrator. Iman Ibrahim Ali
community service standard	Assist prof. Ahlam Gouda (The head of the standard).
	Assist prof. Marwa Ibrahim Hamdy
	Assist prof. Rania Elkurdy
	Assist. Prof Nehmedo Ezzat
	Dr.EnasSabry
	Dr. Dina Mohamed Ismail
	Assistant lecturer.Amany Sami
	Assistant lecturer.Amal Mohamed
	Assistant lecturer.Eman Mohamed AbdElhamid.
	Demonstrator.AzharAbdelnaser
	Demonstrator.MayadaSobhy
	Demonstrator.Al shymaa Mostafa
	Demonstrator.BasmaShaaban
	Demonstrator.Dina Ahmed Abdelkader
	Demonstrator. Warda Akram Ali Abada





Fifth part: Annual Staff Scentific Development Plan

Activities (Training courses/ workshops/ Seminars)	Activity executors	Activity Coordinator	Activity attendance	Activity Date/ Place
New trends in education (Workshop)	Assist. Prof. Dr. Rania El-Kurdy		Academic Staff	Faculty Of Nursing/ 22/11/2024
How to write abstract	Prof. Dr. Hanan El-Sayed		Academic Staff	Faculty Of Nursing/ 6/12/2024
How to write Reference (APA style)	Assist. Prof. Dr. Nadia Youssef		Academic Staff	Faculty Of Nursing/ 13/12/2024
Research critique	Prof. Samia Ibrahim		Academic Staff	Faculty Of Nursing/ 20/12/2024





Sixth part: Department activities

1: Education	Courses					
	Bachelor	Special	Master Degree		Doctoral degree	
	degree	programs				
A) Teaching	1.Maternity	Accelerated	1.	Ante partum care	1.	New trends in nursing
within the	&	Nursing				
department	gynecology	Program:	2.	Obstetrics&	2.	Woman health
	nursing.			gynecology of		
		Maternal&		medicine	3.	Reproductive counseling
	2.Midwifery	Neonatal Nursing				
	Nursing	care	3.		4.	Evidence based practice
		(Theoretical)		Obstetrics &		
	3.Strategy of			gynecology	5.	Advanced midwifery
	nursing	Gynecology&				(Practical)
	education &	Midwifery	4.	Advanced health		
	health	Nursing		assessment	6.	•
	education	(Practical).				(Theoretical).
			5.	Infertility &		
	4.Alternative			assisted	7.	Seminars in maternity
	Medicine in	Alternative		reproductive		nursing
	Nursing	Medicine in		technology.		
	Practices	Nursing			8.	Gynecological oncology
		Practices.	6.	Intra partum care		
					9.	Emergency & critical
		Obstetrics &	7.	Postpartum care		maternity care.
		Gynecology				
		Medicine	8.		10	. Nursing informatics.
				reproductive		
		Bachelor		health	11.	. Psychological aspect of
		program in				woman health.
		specialized	9.	Embryology &		
		nursing science		Genetics	12.	. Seminars in obstetrics & Gynecology
		1.Obstetrics &	10.	Intrapartum care		
		Midwifery		and postpartum		
		Nursing		care (clinical)		
		(Theoretical)				





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B) Teaching outside the department	2. Obstetrics & Midwifery Nursing (Practical). 1. Gynecology and Obstetrics Nursing at the Mansoura Nursing Technical Institute. 2. Maternal and neonatal health nursing theory at the Mansoura Nursing Technical Institute. 3. Obstetrics & Gynecology Medicine at The Technical institute of Nursing in Sherbein. 4. Obstetrics & Gynecology Nursing at The Technical institute of Nursing in Sherbein.			
2: The scientific	activities that the department will participate in preparing			
A) conferences	1. Participation in conferences and seminars that will be held at the faculty of Nursing.			
and seminars	2. Participation in external conferences that will be held in Egyptian universities			
	(Alexandria University, etc).			
	3. Participation in international conferences.			
B) Workshops and training courses	Participation in all scientific activities (Workshops and training courses) that will be held inside and outside the university.			
C)Research	Implementation of the department's research plan as follows:			
activities	■ Improving women's health at different stages of life, reducing the rate of maternal			
	mortality, combating infectious diseases, and ensuring the quality of healthcare			
	provided to mothers.			
	• Combating violence against women in its various forms and promoting equality and			
	non-discrimination between genders.			
	 Understanding the impact of climate change on reproductive health among females 			
	and enhancing the ability to face and adapt to the risks of climate change.			
	 Creating and developing curricula, programs, and teaching methods in the field of 			
	women's health and obstetric nursing.			
	Enhancing the use of information and communication technology to promote			





	Lewis Team		
	women's health.		
	 Using complementary and alternative therapy practices to enhance women's health. 		
	Utilizing evidence-based practices related to women's health and obstetric nursing.		
3.Participation	Bachelor degree courses (4), specialized courses for master degree (10)specialized		
in the	courses for doctorate degree (12), Accelerated nursing program courses (4), and		
examination	Bachelor program in specialized nursing science (2).		
work			
4.Community	1. Community activities to educate school students.		
service and	2. <u>Community activities for university students.</u>		
environmental	- Participation in medical convoys at the university level.		
development	- Participation in health awareness and guidance for university students.		
activities	- Participation in the university's environmental week.		
	3. Community activities to educate college and graduate students about:		
	- How to write research article.		
	4. Community activities for women		
	-Participation ininternational women's days.		
	5. Community activities to educate mothers about:		
	Domestic violence against pregnant women		
	Correct physical positions during pregnancy		
	How to overcome sleep disorders during pregnancy Delta Company		
	• Women's False Reproductive Beliefs		
	Preventing cervical cancer and the importance of vaccination against the papilloma		
5 December in a	virus		
5. Developing	1. Participation in developing the capabilities of faculty members and their assistants.		
the	2. Holding a weekly scientific meeting in the department to discuss scientific		
performance of faculty	developments in maternity nursing, gynecology and scientific research, such as: New trends in education		
members and			
their assistants			
in the	How to write abstract How to write Reference (APA style)?		
department	Research critique.		
	3.Implementation of new teaching and assessment methods.		
	4. Preparing training courses to develop practical skills.		
	5. Urging the faculty members to attend the courses and workshops of the e-learning		
	unit.		
	6. Participation in quality activities within the department and the faculty.		
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6.Student Activities

a) Educational activities

- Make macket for labor unit.
- Make macket for Breast self-examination.
- Make macket for Breast cancer.
- Make educational video for Hoffman exercise for inverted nipple.
- Make educational video for Cervical cancer and HPV infection &vaccine.
- Make educational video for Immunizations during pregnancy.
- Make educational video for Pelvic floor exercise.
- Make macket for Immunization during pregnancy.
- Make macket for Birth position.
- Make 3D model for Placenta previa.
- Make educational video Management of diabetes mellitus.
- Make macket for Hydrobirth.
- Mack flipchart about Maternal positions during labor.
- Mack flipchart about Ectopic pregnancy.
- Mack flipchart about Non-Pharmacological labor pain management.
- Mack flipchart about Polycystic ovarian syndrome.
- Make 3D model for TENS to relive labor pain.
- Make macket for Types of abortion.
- Make macket for Uterine prolapse.
- Make educational video about Physical and Psychological violence against women.
- Make macket for Hoffman exercises.
- Make macket for Positions of breast feeding.
- Make a brochures and Booklet about family planning methods.

b) Recreational activities

Participation with students in university trips.

Quality Coordinator

Head of the department

Dr. Dina Mohamed Ismail Dr.Marwa Rashad Mahmoud **Prof. Hanan El Sayed Mohamed**