

University: Mansoura

Faculty: Nursing

Program: Master of Nursing Science

Department: Gerontological Nursing Department

Course specifications

1-Basic Information

Code: MSG9	Course Title: Gerontological Nursing تمريض المسنين	year/level: Master – 2013-2014
Hours: Theory 3 hr/ week	Practical: 18 hrs/ week	Total: 672 hrs

2-Course general Objective:

This course aims to equip and update post graduate gerontological nursing student with knowledge and practical skills needed in managing common geriatrics syndrome, recognize recent issues and trends in gerontological nursing and works effectively with both inter /intradisciplinary team.

3- Intended learning Outcomes (ILOs):

A-Knowledge and Understanding:

- A.1-Recognize common terminology related to gerontological nursing.
- A.2- Discuss the Scope and standard of gerontological Nursing
- A.3- Discuss physiological theories of aging.
- A.4- Describe health promotion activities related to elderly.
- A.5- Recognize factors affecting the change in family structure and role
- A.6- Discuss different forms of elderly abuse
- A.7- State different measures to prevent elder abuse
- A.8- Recognize frail elderly
- A.9-Explain common co-morbidities among elderly
- A.10-Discuss different strategies in managing chronic illness
- A.11-States special senses problems in elderly person
- A.12-Differentiate between palliative and hospice care.
- A.13-Discuss intimacy and sexuality
- A.14-Discuss common sexual issues in elderly

	<p>A.15-Discuss rehabilitation in elderly</p> <p>A.16- Describe common housing options for elderly</p> <p>A.17- Recognize different nursing care provided in housing options</p> <p>A.18-Discuss different measures to prevent falls.</p>
<p>B-Intellectual Skills:</p>	<p>B.1- Use reasoning skills in dealing with elderly.</p> <p>B.2- Apply effective problem solving and decision making techniques.</p> <p>B.3-Formulate a research problem</p> <p>B.4- Write research proposal for geriatric problems.</p> <p>B.5-Apply actions for solving health problems by using evidence based practice.</p>
<p>C-Professional Skills:</p>	<p>C.1- Demonstrate comprehensive geriatric assessment of the elderly</p> <p>C.2-Implement nursing measures to prevent caregivers stress</p> <p>C.3- Implement the appropriate nursing care to the elderly with common health problems in different setting (elderly home-hospital-home visit).</p> <p>C.4- Measure effectively the outcomes of nursing activities</p> <p>C.5-Apply concepts of evidence based practice in managing health Problems among elderly.</p> <p>C.6-Demonstrate counseling and health education skills among elderly with chronic problems.</p> <p>C.7-Demonstrate proficiency in dealing with elderly with special needs.</p> <p>C.8-Design educational program for elderly with co morbidities.</p> <p>.</p>

<p>D-General and Transferable:</p>	<p>D.1- Use communication skills in dealing with the elderly person, caregivers, professionals and therapeutic context.</p> <p>D.2- Use information technology in updating their knowledge and skills.</p> <p>D.3- Manage their time effectively, use available resources and set priorities according to needs.</p> <p>D.4- Use their knowledge and skills in pain management among elderly.</p>
<p>4- Course Content:</p> <ol style="list-style-type: none"> 1- Introduction to gerontological nursing 2- Scope and standard + Role of gerontological nurse 3- Theories of aging 4- Age-related changes(physiological changes) 5- Comprehensive geriatric assessment 6- Attitude toward elderly 7- Health promotion: nutritional health, oral health, weight loss, hydration and rehabilitation 8- Intimacy, sexuality 9- Caring of elderly with co morbidities+ Frailty 10- Caring of elder with special needs(neuro, urinary, musculoskeletal) 11- Pain management 12- Polypharmacy, drug interaction and drug safety 13- Legal and ethical issues in care of older adult 	
<p>5- Teaching and learning Methods:</p> <ul style="list-style-type: none"> ● Problem based learning scenarios ● Seminar ● Case study ● Group discussion ● Assignment 	
<p>6- Teaching and learning Methods of Students with Special need:</p> <p>Not Relevant</p>	
<p>7- Student Assessment Methods:</p>	

A- Assessment Methods	<ul style="list-style-type: none"> - Semester Work to assess knowledge, skills & attitude - Oral exam to assess knowledge & attitude - Final exam to assess knowledge 															
B- Schedule	<ul style="list-style-type: none"> - Semester work Week 1- 29 - Clinical Exam Week 30 - Oral exam Week 33 - Final written exam Week 33 															
C- Weighting of Assessments	<table border="0" style="width: 100%;"> <tr> <td>- Final-written Exam</td> <td>150 grade</td> <td>60%</td> </tr> <tr> <td>- Semester work</td> <td>48</td> <td>19.2%</td> </tr> <tr> <td>- Oral Exam</td> <td>40</td> <td>16%</td> </tr> <tr> <td>- Clinical Exam</td> <td>12</td> <td>4.8%</td> </tr> <tr> <td>Total</td> <td>= 250</td> <td>100%</td> </tr> </table>	- Final-written Exam	150 grade	60%	- Semester work	48	19.2%	- Oral Exam	40	16%	- Clinical Exam	12	4.8%	Total	= 250	100%
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- Semester work	48	19.2%														
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- Clinical Exam	12	4.8%														
Total	= 250	100%														
8- List of references:																
A- Course notes	-															
B- Compulsory Books	<ol style="list-style-type: none"> 1. Touhy T, Jett K. Ebersole and Hess' Gerontological Nursing Healthy Aging. 3rd ed., St. Louis: Mosby Inc., 2010; 332-34. 2. Gosney M, Harris T. Managing Older People in Primary Care: A practical Guide. New York: Oxford University press, 2009; 45-55. 3. Meiner E, Lueckenotte A. Gerontologic Nursing. 3rd ed., USA : Mosby company,2006 4. Ham RJ, Sloane PD, Warshaw GA et al. Primary care geriatrics: A case based approach. 5th ed., USA: Mosby Company, 2007. 5. Burke M, Laramie JA. Primary care of older adults: a multidisciplinary approach. 2nd ed., USA: Mosby Company, 2004. 															
C-Recommended Books	<ol style="list-style-type: none"> 6. Linton AD, L Cress CJ. Hand book of geriatric care management. 2nd ed., USA: Mosby Company, 2007.ach HW. Gerontological nursing: concept and practice. 3rd ed., USA : Saunders company,2007 7. Cress CJ. Hand book of geriatric care management. 2nd ed., USA: Mosby Company, 2007. 															
D- Periodicals, Web Sites,...etc	<ul style="list-style-type: none"> - http://proquest.umi.com - http://www.aha.org - Journal of Age and Aging 															

	<ul style="list-style-type: none">- Journal of gerontic Nursing- Journal of Nursing Research- Journal of Advanced Nursing- Clinical Rehabilitation Journal
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Head of Department: Prof Dr. Karima El Shamy

Course responsible: Dr. Soad Hassan

Date: 22-3-2014