



Woman's Health and Midwifery Nursing Department



Faculty of Nursing –Mansoura University

The Department's Annual Plan for Community Service and Environmental Development for the Academic Year 2025–2026

Seminar Title	Objectives	Implementation Methods	Execution Responsibility	Target Audience	Place	Timeline	Success Indicators
Medication Safety during Pregnancy and Lactation	-Raise awareness and enhance pregnant women's knowledge about safe medication use during pregnancy and lactation. -Reduce potential risks for	- Discussion of real case studies and the latest guidelines on medication safety -Providing educational materials such as brochures and infographics.	Assist. Prof. Ahlam Gouda Dr/Enas Sabry Dr /Marwa Rashad Mahmoud	Pregnant women	Antenatal Clinics at the New Obstetrics and Gynecology Hospital	November 2025	-Improved participants' knowledge after the seminar. - Participants' satisfaction with content and quality. - Application of proper medication safety practices by participants.

	mothers and babies.						
Safe and Unsafe Sleeping Positions during Pregnancy	<p>-Educate pregnant women about safe and unsafe sleeping positions.</p> <p>- Reduce risks such as fetal hypoxia, back pain, and pregnancy complications.</p>	<p>-Interactive workshops/seminars explaining relevant anatomy and functions.</p> <p>- Use of visual aids (videos, illustrations).</p> <p>- Distribution of printed/digital materials.</p> <p>-Encouraging healthcare providers to advise during routine visits.</p>	Assist.Prof.Dr. Om Hashem Mahmoud	Pregnant women	Antenatal Clinics at the New Obstetrics and Gynecology Hospital	January 2026	<p>- Increased number of women identifying safe sleeping positions.</p> <p>- Participants' satisfaction with content and quality.</p> <p>- Increased adherence to recommended sleeping positions.</p> <p>- Reduction in pregnancy complications related to sleep.</p>
Problem-Based Learning: An Evidence-Based Approach for Midwifery Teaching	<p>-Introduce Problem-Based Learning (PBL) and its relevance to midwifery education.</p>	<p>- Interactive lectures with practical examples in midwifery.</p>	Assist .Prof.Dr/Nadia Youssef	Academic Staff of the Scientific Department	Faculty of Nursing, Mansoura University	March 2026	<p>- High level of engagement in workshops/discussions.</p> <p>- Improved problem-solving and analytical skills.</p> <p>- Satisfaction with content and teaching methods.</p>

	<ul style="list-style-type: none"> -Develop students' problem-solving skills using scientific evidence and modern methodologies. - Enable application of PBL to improve teaching quality.- Promote critical thinking and teamwork through real scenarios. 	<ul style="list-style-type: none"> - Hands-on workshops analyzing real clinical cases in groups. - Supportive materials (articles, case studies, guidelines). - Open discussions, self- and peer-evaluation. - Educational simulations reflecting real midwifery settings. 					<ul style="list-style-type: none"> - Ability to design and implement PBL-based units. - Noted improvement in student learning outcomes post-implementation.
Natural Childbirth and Its Positive Impact on the Health of	<ul style="list-style-type: none"> -Raise awareness about the importance and benefits of 	<ul style="list-style-type: none"> - Scientific lectures on natural childbirth physiology and benefits. 	Dr. Heba Zedan	Pregnant women	Antenatal Clinics at the New Obstetrics and	May 2026	<ul style="list-style-type: none"> - More participants can explain natural childbirth benefits and provide support.

Mother and Baby	<p>natural childbirth.</p> <ul style="list-style-type: none"> - Clarify positive outcomes vs. cesarean sections (short and long term). -Equip participants to promote natural childbirth clinically and in the community. -Enhance women's health education regarding birth choices. 	<ul style="list-style-type: none"> - Presentation of current research supporting natural childbirth. - Interactive workshops analyzing clinical cases and strategies. - Awareness sessions on psychological/physical support during labor. - Use of videos and educational tools to demonstrate childbirth stages. 			Gynecology Hospital		<ul style="list-style-type: none"> - Improved knowledge and practical childbirth management skills. - Satisfaction with content and delivery methods. - Reduced unnecessary cesarean sections in participants' workplaces. - Implementation of supportive practices during childbirth by participants.
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Head of the Woman's Health and Midwifery Nursing Department

Prof. Hanan El-Sayed Mohamed