



Course Teaching Plan

Academic year: 2024 / 2025

Semester: 3rd / 1st term

Department: Medical Surgical Nursing

Course name: Applied Nutrition

Course code: CSc 305

Course credit hours No.: Theoretical (1) Practical (---)

Academic Staff Members	Lectures	Date Day/Week	Pl ac e	Teaching Method	The Target Group	Evaluation Methods
Registration		1 st week 29/9	Hall (A)	<ul style="list-style-type: none"> ▪ Face to Face ▪ lecture – Online recorded ▪ lecture- self- study using E-learning ▪ platform 	2 nd Level Students	<ul style="list-style-type: none"> • Semester work (Case study) • Midterm Exam • Written examination • Oral examination
Prof. dr/ Amira Hassanein Dr/ Had Rady Sobh	Introduction to nutrition	2 nd Week 6/10				
Dr. Yasmein Ibrahim	Nutrition composition of diets (Carbohydrates- Proteins)	3 rd week 13/10				
Dr/ Had Rady Sobh	Malnutrition and deficiency (PEM- Marasmus and Kwashiorkor)	18/10 Friday				
Dr/ Had Rady Sobh	Malnutrition and deficiency diseases (Iron deficiency & obesity)	4 th week 20/10				
Dr. Ola Ibrahim	Lipids- Vitamins and minerals	5 th week 27/10				
Prof. dr/Karema Elshamy Dr/Yasmein Ibrahim	Nutrition assessment	6 th week 3/11				
Midterm exam (9-11/15/2024)		7 th week				
Dr. Ola Ibrahim	Nutrition in life cycle	8 th week 17/11				

Dr/ Huda Rady Sobh	Introduction to clinical nutrition and diet therapy	9 th week 24/11	(MOOD LE)
Dr/ Ola Ibrahiem	Diet therapy for cardiovascular diseases Diet therapy chronic renal failure	10 th week 1/12	
Dr/Yasmein Ibrahiem	Revision	6/12 Friday	
Dr/Yasmein Ibrahiem	Diet therapy for diabetes Diet therapy for diarrhea and constipation	11 th week 8/12	

Teaching staff

Prof. dr/ Amira Hassanein
 Assist. prof. dr/ Karema Elshamy
 Dr/ Ola Ibrahiem
 Dr/ Yasmein Ibraheim
 Dr/ Huda Rady Sobh

Course coordinator

Dr. Huda Rady Sobh

Head of the department

Prof. dr/ Abeer Zakaria

